

LOW CARB & LOW SUGAR

Blackberry Whiskey Smash

INGREDIENTS:

2 OZ WHISKEY

5-6 MINT LEAVES

SQUEEZE OF A LIME WEDGE

3 BLACKBERRIES

1 OZ PLAIN SPARKLING WATER

LIQUID STEVIA

INSTRUCTIONS:

1. MUDDLE MINT LEAVES AND BLACKBERRIES THEN TOSS INTO SHAKER
2. COMBINE REST OF INGREDIENTS INTO SHAKER
3. SHAKE WELL
4. POUR OVER ICE
5. GARNISH WITH BLACKBERRIES AND MINT



NOTES:

YOU CAN ADD MORE STEVIA IF
NEEDED

LIFE WITH SYD



@SYDNEYDP_